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OS	MOŞ, Liana; ZORILĂ, Corina; COTORACI, Coralia; GREC, Veronica; ALEXA, Ioana; WIENER, A; and MARIAN, Alin. Cytokine and atherogenesis. <i>Jurnal Medical Aradean (Arad Medical Journal)</i> . 2009; 12(1). p.50-55.	
OA	DAUGHERTY, A.; WEBB, N.R.; RATERI, D.L.; and KING, V.L. Cytokine regulation of macrophage functions in atherogenesis. <i>Journal of Lipid Research</i> . Vol. 46, 2005. p.1812 – 1822.	

Incidența minimă a suspiciunii / Minimum incidence of suspicion

Abstract.p.50:01 – Abstract:p.50:05	Abstract.p.1812:07 - Abstract.p.1812:11
Abstract.p.50:05 – Abstract:p.50:10	p.1816:06s-p.1816:10s
p.53:01s-p.53:05s	p.1814:14s-p.1814:p.18
p.53:05-p.53:02d	p.1815:10d-p.1815:25d

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CUPRINS

Anti-arrhythmic treatment and elderly – where are we now? <i>Ioana Dana Alexa, Radu Ionut Rusu, Gabriel Ungureanu, Liana Mos</i>	1
A clean environment – a healthy life <i>Birău A., Olariu T., Ciobanu Gh</i>	8
Psychosocial Factors in Late Life Depression <i>Ramona Maria Chenderes, Delia Marina Podea, Pavel Dan Nanu, Camelia Mil, Ligia Piroș, Mahmud Manasra</i>	13
Statistical study on „Human-Oriented” ergonomics in dental practices in Arad and Timis counties <i>Valeria Covrig, Popescu Mugur George, Ionuț Bușan</i>	18
Aspirin improves the cognitive functions in patients with inflammatory status and asymptomatic peripheral artery disease <i>Sanda Maria Deme, Catalin Dragos Jianu, Pavel Dan Nanu, Stefania Kory-Calomfirescu, Dana Simona Ioncu</i>	22
Acute alcohol poisoning in teens <i>Smaranda Rodica Goția, Smaranda Laura Goția, Raluca Sabău</i>	27
The role of ecosystem factors in the appearance and evolution of acute/chronic bronchiolitis in children <i>D.Lazar, Viorica Leordean, Liana Precup, Simona Dumitra, R.Teru</i>	34
Therapeutical strategies in mild cognitive impairment <i>Camelia Mila, Delia Marina Podea, Ramona-Maria Chenderes</i>	40
Becoming an agent of change for professionals and researchers involved in change management <i>L. Moș, C. Cotoraci</i>	46
Cytokine and atherogenesis <i>Liana Mos, Corina Zorila, Coralia Cotoraci, Ioana Dana Alexa, Wiener A., Grec Veronica, A. Marian</i>	50
Subjects with Elevated CRP Levels and Asymptomatic PAD Prone to Develop Cognitive Impairment <i>Pavel Dan Nanu, Sanda Maria Deme, Ramona Maria Chenderes</i>	56
The prevalence of the psychiatric disorders in the Endocrinological Clinic of Arad <i>Luminita Stamoran, Ramona Maria Chenderes, Pavel Dan Nanu, Narcisa Mihailescu</i> ...	61

Cytokine and atherogenesis

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Rezumat

Numarul mare de citokine care au fost identificate in procesul de ateroscleroza, impreuna cu numarul mare de receptorii de la nivelul macrofagelor, constituie importanti participanti in modificarile lezonale din cadrul aterosclerozei. Combinatia citokinelor prezente in leziunile aterosclerotice cu receptorii de la nivelul macrofagelor determina interactiunea citokine-macrofage care are rol important in dezvoltarea lezionala aterosclerotica.

Abstract

The numerous cytokines that have been detected in atherosclerosis, combined with the expression of large numbers of cytokine receptors on macrophages, are consistent with this axis being an important contributor to lesion development. The combination of the many cytokines present in atherosclerotic lesions and the abundant cytokine receptors on macrophages is consistent with an important role of cytokine-macrophage interactions in lesion development.

Atherosclerosis is a lifelong disease in which the process of development of an initial lesion to an advanced raised lesion can take decades. According to international statistics, heart disease is the primary cause of morbidity and mortality across all ethnicities and genders. Hypertension, hypercholesterolemia, and diabetes are increasing at alarming rates and many individuals remain undiagnosed and untreated.

Risk factors lead to an environment in which the three principal oxidative

systems in the vascular wall are activated: xanthine oxidases, NADH/NAD(P)H, and uncoupled e-NOS.

Inflammatory response is generalized and can be triggered by microbial invaders, mechanical stress, chemical stress, oxidative stress, other.

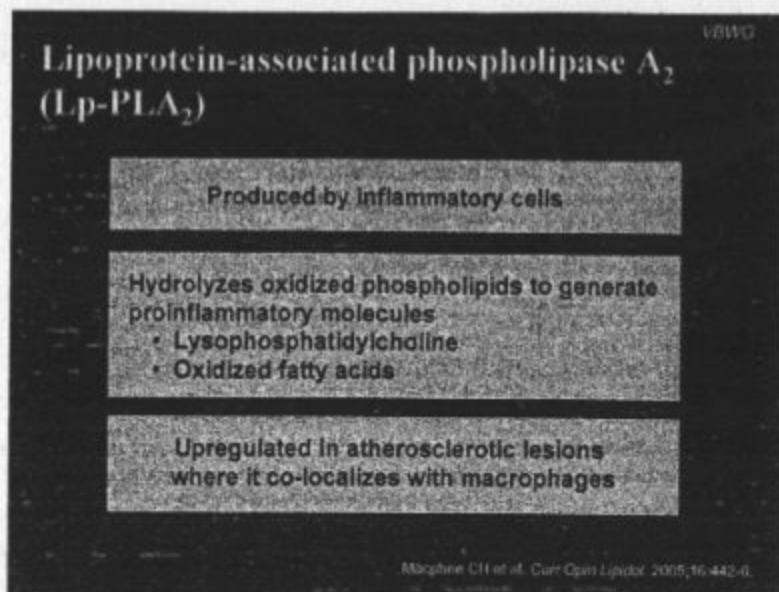
Inflammatory response includes four basic phenomena: changes in vascular tone of blood vessels, increased oxygen utilization by cells facilitating the response, changes in blood vessel walls (short term: inc. capillary permeability; long term: smooth muscle proliferation), changes in coagulation.

Origination of free radicals/ ROS is absorption of extreme energy sources, ultraviolet light, x-rays, endogenous (oxidative) reactions, enzymatic metabolism of exogenous chemical or drugs.

Atherogenesis can be related to an inflammatory response to endothelial damage:

- Inflammatory/Immune response
- Endothelium
- Cytokines
- Functions of "Good" Cholesterol
- Renin Angiotensin Aldosterone System (RAAS)

Tabel 3.



One of the most prominent changes in macrophages after entry into the subendothelial space of developing atherosclerotic lesions is the engorgement of these cells with lipid. There have been numerous studies to determine the role of specific cytokines in the development of atherosclerosis.

As described above, one cytokine that has been studied extensively in cell culture studies is IFN-alfa, which is also one of the more extensively investigated cytokines in *in vivo* studies of atherogenesis.

Studies with cultured cells have demonstrated many effects of IFN-alfa on the intracellular accumulation of lipids in macrophages. These findings lead to the notion that IFN-alfa would retard atherosclerosis, especially by minimizing intracellular lipid accumulation in macrophages. In contrast, the effects of IFN-alfa on the development of atherosclerosis in mouse models of the disease have been quite consistent, but they have contradicted the original concept of IFN-alfa being anti-atherogenic.

HDL has anti-inflammatory, anti-oxidative, anti-aggregatory, anti-coagulatory and pro-fibrinolytic role.

HDL Inhibits chemotaxis of monocytes, adhesion of leukocytes, endothelial dysfunction, apoptosis, Lp-PLA₂, Oxidation, complement activation, platelet activation and Factor X activation.

HDL promotes endothelial repair/regeneration, smooth muscle proliferation, synthesis of prostacyclin, synthesis of natriuretic peptide, activation of Protein C and Protein S.

Insults to endothelium increase production of AGEs - advanced glycosylation endproducts, reactive oxygen species, hyperinsulinemia, hypertension, activated the responses of T-Cells/Lymphocytes, small dense LDL.

Smoking causes intimal injury, promotes oxidation, promotes inflammatory response in respiratory tract, enhances platelet aggregation, promotes vasoconstriction.

Diabetes mellitus increases production of AGEs. hyperglycemia induces inflammatory response, frequent

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